stolen people, hidden chains

2019 human trafficking awareness month toolkit

January 2019

center for prevention of abuse.
We hope you enjoy exploring the information and activities contained in this year’s Human Trafficking Awareness Month toolkit, compiled and created by the Center for Prevention of Abuse.

In this packet you will find:

> Information to educate your students and staff about human trafficking prevention
> Activities to engage your students and staff and raise awareness

We look forward to hearing what you choose to do. Please post pictures and tag us on Facebook and Instagram using the hashtag #FightHTin309 on how your school chose to bring awareness to human trafficking.

facebook.com/centerforpreventionofabuse  @cfpapeoria
This year’s theme focuses on the recognition and prevention of human trafficking.

Human Trafficking is Modern Day Slavery — it is the exploitation of people for profit. Individuals who are compelled by FORCE, FRAUD, and/or COERCION to provide labor and/or commercial sex are victims of human trafficking.

The Center for Prevention of Abuse, in line with organizations such as The Polaris Project, United Way End Human Trafficking, End Slavery Now, The Blue Campaign, and The Prevention Project, are uniting communities around the world to educate and raise awareness about human trafficking, the warning signs of possible trafficking, and what we can do to protect ourselves and our children. Statistics prove that human trafficking has become a local issue as more cases are reported each year.

For example, did you know:

> Every two minutes a child is trafficked for the purpose of human exploitation in the United States according to the U.S. Department of Justice. (www.erasechildtrafficking.org)
> Center for Prevention of Abuse has assisted more than 30 survivors of human trafficking since January of 2018, 82% of whom were from Central Illinois.
> 99% of human sex trafficking victims in the U.S. are never rescued. 1 of 4 victims of sex trafficking are children. (www.erasechildtrafficking.org)

With these statistics in mind, the Center for Prevention of Abuse has created this toolkit to help you incorporate human trafficking awareness in your school/organization and encourage your staff and students to join the movement and fight to end this human rights crime.
Human trafficking happens around us, but often goes unseen, if we don’t know what to look for. Empowering and educating ourselves on indicators of trafficking is the first step in raising awareness and remaining vigilant about our surroundings. Knowing the signs can help keep yourself and others safe.

**Look for these possible signs of human trafficking in students:**

<table>
<thead>
<tr>
<th>Academic</th>
<th>Behavioral</th>
<th>Physical</th>
<th>Emotional</th>
<th>Social</th>
</tr>
</thead>
<tbody>
<tr>
<td>Academically unengaged</td>
<td>Avoids eye contact</td>
<td>Visible bruises/scars</td>
<td>Low self-esteem</td>
<td>Has a much older partner</td>
</tr>
<tr>
<td>Performs under grade level</td>
<td>Gaps in memory</td>
<td>Appears malnourished</td>
<td>Exhibits depression, anxiety, or fear</td>
<td>Lives in an unstable or abusive home</td>
</tr>
<tr>
<td>Sudden change in academic performance</td>
<td>Resists being touched</td>
<td>Shows signs of drug or alcohol addiction</td>
<td>Exhibits sudden outburst of anger</td>
<td>Has a sexual online profile</td>
</tr>
</tbody>
</table>

**The following red flags may indicate a student is the victim of human trafficking:**

> A significant other who is noticeably older
> Signs of physical abuse
> Unexplained access to cash, expensive items, new clothing, etc.
> Withdrawal or lack of interest in previous activities
> Frequently runs away or is secretive about where they go or who they go with
> Becoming isolated from their regular friends
> Unexplained changes in behavior, temperament, or personality

**Sharing the following guidelines with your students may help them to keep themselves safe from human trafficking:**

> Practice safe online activity
> Never share personal information online
> Do not accept social media requests from unknown people
> Never share inappropriate/explicit pictures
> Never plan to meet someone you have met via social media in person or in a private location
> Do not make decisions under the influence of drugs or alcohol
> Look for signs of abusive or possessive behaviors. Is the person trying to isolate or turn you against your friends or family? If so, avoid that person.
> Ask lots of questions. Someone looking for a legitimate employee will thoroughly answer questions and provide documentation of the employment opportunity in writing.
> If someone promises something that seems too good to be true in return for sex or work, be very cautious. Listen to your instincts and seek advice from family and friends. Search the internet for any information you can find about the person or company making the offer to determine if they are legitimate.
There are many assumptions and expectations about what human trafficking is or looks like. The table below exposes the myth and the reality about human trafficking.

<table>
<thead>
<tr>
<th>Myth</th>
<th>Reality</th>
</tr>
</thead>
<tbody>
<tr>
<td>Human trafficking is a violent crime/kidnapping.</td>
<td>Human traffickers groom, manipulate, defraud and/or threaten victims to exploit them for commercial sex and/or labor.</td>
</tr>
<tr>
<td>All human trafficking involves commercial sex. All commercial sex is human trafficking.</td>
<td>While sex trafficking is more prevalent in the U.S., globally there are more situations of labor trafficking. ALL commercial sex involving a minor is legally considered human trafficking. Commercial sex involving an adult who has been coerced, forced or frauded is also human trafficking.</td>
</tr>
<tr>
<td>Only women and girls are targets for human trafficking.</td>
<td>Studies estimate that roughly half of human trafficking victims are male, but advocates believe that number may be higher. LGBTQ boys and young men are a particularly vulnerable group and may be underreported.</td>
</tr>
<tr>
<td>Human trafficking is moving or transporting a person across a border.</td>
<td>Human smuggling involves illegal border crossings. Human trafficking can take place in the target’s hometown or even in their own home.</td>
</tr>
<tr>
<td>Human trafficking victims are physically unable to leave. They are locked in/held against their will.</td>
<td>True in some cases, more often victims do not have what they need to leave — a safe place to go, transportation, food, and clothing. They fear for the safety of themselves or loved ones. Some have been manipulated to the point of not being able to identify their own exploitation.</td>
</tr>
<tr>
<td>If the trafficked person consented to the initial situation, then they “already knew” what they were getting into.</td>
<td>Initial consent to commercial sex or labor, prior to acts of force, coercion or fraud, is not relevant to the crime. Neither is accepting payment.</td>
</tr>
<tr>
<td>Most trafficked persons do not know the people who targeted them for trafficking.</td>
<td>A majority of survivors report being trafficked by significant others, spouses, relatives, and parents.</td>
</tr>
</tbody>
</table>
Human trafficking is a $150 BILLION industry 3x more profitable than Apple

24.9 million victims globally are trapped in modern day slavery, almost double the population of Illinois

1 in 4 victims of human trafficking are children

Human trafficking has surpassed the illegal sale of firearms for the second largest crime in the world

There are more people in slavery today than at any other time in history

193 cases of human trafficking in Illinois in 2017

US Cases reported in 2017

- Sex Trafficking (6,081)
- Labor Trafficking (1,249)
- Not Specified (817)
- Sex and Labor (377)

71% of trafficking victims are female
Wear Blue Day – January 11th

In honor of National Human Trafficking Day on January 11th, The Blue Campaign (sponsored by the Department of Homeland Security) is asking everyone to wear blue to pledge solidarity with victims of human trafficking and help raise awareness of slavery today. Encourage your students and staff to wear blue and:

> Take a Group Photo: Spread the word about #WearBlueDay within your school and get everyone together for a photo. Don’t forget to share on social media and use #WearBlueDay and #FightHTin309.

> Share a Video: Create a video message explaining why you are participating in #WearBlueDay. Post it on social media and encourage your friends, family, and colleagues to do the same.

We look forward to seeing how you participate in #WearBlueDay!

#IAmPriceless – The Prevention Project

The Prevention Project began a social media movement by creating the hashtag #IAmPriceless. Create posters, make a video, or take pictures, to make it known that human beings are not for sale! Not only are you not for sale, but you are priceless.

Join the movement by visiting http://iampriceless.prevention-project.org/
Raise awareness within your school by reading the following to the entire student body during morning announcements or read them within individual classrooms.

Day One:
Did you know that every two minutes, a person under the age of 18 is trafficked for sexual exploitation or slave labor? Keep yourself safe by keeping your information on social media private.

Day Two:
Students, if someone promises you something that seems too good to be true, it probably is. Keep yourself safe from human trafficking by researching and verifying information about that person or company on the internet, get offers in writing and share that information with a trusted adult. It could be the most important homework you do.

Day Three:
Human trafficking happens everywhere, even locally. People can be trafficked in their own neighborhoods or even held captive in their own homes. If you or someone you know feels trapped or unsafe, find a trusted adult and speak out!

Day Four:
Our human rights include freedom from slavery or torture. Human trafficking denies and/or violates those rights through physical abuse, coercion, and fraud. Speak out if you feel unsafe or trapped.

Day Five:
Can you spot a possible online human trafficking predator? Anyone significantly older than you, anyone who makes promises of money or a situation too good to be true, anyone who tries to isolate you or turn you against friends or family. Anyone who is suddenly possessive and controlling. Guard your information on social media. Avoid them and speak out.
Modern Day Slavery Pre-Test

Aim: To start the conversation about human trafficking. After discussing answers to the test, students will realize human trafficking is modern day slavery, it happens in Central Illinois, and they could be at risk.

Target Audience: Middle school/High school

Answer Key:

1. A  
2. A  
3. C  
4. B  
5. B  
6. B  
7. A  
8. A  
9. A  
10. A

Debriefing Notes (following pre-test):

The purpose of this quiz was to get you thinking about human trafficking. Human trafficking happens here, and happens often but goes unnoticed or is not talked about.

January is Human Trafficking Awareness Month. It is important to break the silence about this act of slavery and stop human trafficking. Slaves do exist in the world today because of human trafficking, both for labor and sex. There are human trafficking victims in every country, including the United States.

Human trafficking generates about $150 billion dollars in the U.S. each year. Anyone could be a target for traffickers, but the most targeted age group is 12–14 year olds. This information is vital for you to know and understand because you could be at risk.

Human trafficking does happen locally, there were 193 cases of reported trafficking in Illinois in 2017. To date, the Center for Prevention of Abuse has served 30 survivors. Central Illinois is becoming a hub for traffickers because of the various intersecting interstates and central location between larger cities like Chicago and St. Louis. Given this information, it is crucial that you are aware of human trafficking and know some ways to keep yourself safe. Some ways to keep yourself safe: use safe online practices, do not make decisions under the influence of drugs or alcohol, be aware of abusive or possessive behaviors, and always ask lots of questions.
Modern Day Slavery Pre-Test

1. Are there slaves in the world today?
   a. Yes          b. No          c. I don’t know

2. There are victims of human trafficking in every country.
   a. True         b. False

3. A victim is controlled:
   a. Only physically   b. Only psychologically   c. Both physically and psychologically

4. How much money does human trafficking generate in the U.S. annually?
   a. $10 million      b. $150 billion      c. $32 billion

5. Only females can be victims of human trafficking.
   a. True         b. False

6. Megan is 16 and her parents told her to find a job and expect her to help pay bills and rent. Megan doesn’t want to do this and feels her parents are forcing her to work. Is this an example of human trafficking?
   a. Yes          b. No

7. Robert was approached by a businessman who said he would make a great model for TV commercials. Robert was excited about the opportunity, but once taken to the TV set, he was forced to remove his clothes and have sex with people on camera. Was Robert a victim of sex trafficking?
   a. Yes          b. No

8. Everyone is potentially a target for traffickers.
   a. True         b. False

9. Human trafficking happens where I live.
   a. True         b. False

10. Is human trafficking modern day slavery?
    a. Yes         b. No             c. I don’t know
Global Slavery Footprint Exercise (Online)

Encourage students to take the Slavery Footprint Exercise. This quiz is about the products they buy and the services they use every day. The results reveal how many global slaves are used to provide common goods and services and highlights the labor exploitation portion of human trafficking.

Students can document their footprint results using the graphic below. Share your students responses by hanging them in your classroom or in the school hallway. The results will aid in sparking discussion of how, as consumers, we contribute to the problem of human trafficking without realizing it.

http://www.slaveryfootprint.org
Human Rights / Trafficking Squares

Aim: To understand that human trafficking violates human rights and to stimulate further discussion and understanding about human trafficking and why it is a problem that needs to be addressed.

Target Audience: High School

1. Get Going:
Give everyone a copy of the Human Rights/Trafficking Squares. Everyone has to get an answer and a signature from a different person for each square. Stop after 5–10 minutes. (You may prefer to complete this activity in pairs or small groups of students.)

2. Unpack the game:
   > Which were the easiest squares to find answers for? Which were the most difficult? Why?
   > Are there any squares you feel could not be a factor in our community? Why?

3. Debrief:
Human trafficking has been called modern day slavery. Slavery in any form severely violates a person’s rights as a human being. Violations of human rights are both a cause and a consequence of human trafficking. Understanding human rights and how trafficking violates those rights is key in fighting against persons being trafficked. Various human rights violations occur at different stages of the trafficking cycle, including indisputable rights such as: the right to life, liberty and security; the right to freedom of movements; and the right not to be subjected to torture and/or cruel, inhuman, degrading treatment or punishment.

4. Follow Up:
   > Do you understand how human trafficking violates human rights?
   > Can you make any connections between modern day slavery (human trafficking) and the transatlantic slave trade?
<table>
<thead>
<tr>
<th>Name a human right</th>
<th>Country where you think human rights are violated</th>
<th>Human right all children should have</th>
<th>People denied the right to have their own nation or homeland</th>
</tr>
</thead>
<tbody>
<tr>
<td>Right of yours that is respected</td>
<td>Someone who is a defender of human rights</td>
<td>Organization which fights for human rights</td>
<td>An action that violates a person’s human rights</td>
</tr>
<tr>
<td>A situation in which human rights are taken away</td>
<td>A human right violated by trafficking</td>
<td>A country where persons are trafficked</td>
<td>An example of human trafficking</td>
</tr>
<tr>
<td>Type of human rights abuse that disturbs you most</td>
<td>An organization that helps persons who have been trafficked</td>
<td>A film/video about human rights</td>
<td>A celebrity who advocates for human rights and the right they advocate for</td>
</tr>
</tbody>
</table>
Human Rights / Trafficking Squares Answer Key

Note: This activity is designed to stimulate discussion and explore students’ thoughts/opinions, therefore there is no absolute right or wrong answer. Answers will vary and some answers given by students may not be included below. Lists and possible answers here are not exhaustive.

Name a human right
Right to own your own things; freedom of speech; freedom of expression; right to democracy; right to privacy; freedom of movement; right to life, liberty, and pursuit of happiness; security; and the right not to be subjected to torture and/or cruel, inhuman, degrading treatment or punishment.

Country where you think human rights are violated
Can be any country. Some popular answers may include: South Sudan, the Democratic Republic of Congo, Syria, Yemen, South Africa, China, India, Russia, possibly United States.

Right all children should have
Can be anything. Some possibilities could include: safety, proper care, freedom, happiness, access to clean water and food, safe place to learn or play.

People denied right to have their own nation or homeland
Native Americans, Yemeni People, Aboriginal Australians, Indigenous South American tribes battling deforestation.

Right of yours that is respected
My right to freedom of speech, right to own property, etc.

Someone who is/was a defender of human rights
Nelson Mandela, Mahatma Gandhi, Martin Luther King Jr., Susan B. Anthony, Malala Yousafzai

Organization which fights for human rights

An action that violates a person’s human rights
imprisonment, denial of clean resources
A situation in which human rights are taken away
imprisonment, detainment, speech, etc.

A human right violated by trafficking
All

A country where persons are trafficked
Can be anywhere

An example of human trafficking
Forced to perform sexual acts, involuntary servitude, “escorting”

Type of human rights abuse that disturbs you most
Opinionated answers

An organization that helps persons who have been trafficked
Polaris Project, Homeland Security, The Prevention Project, Center for Prevention of Abuse

A film/video about human rights

A celebrity that advocates for human rights and the right they advocate for
Ashton Kutcher (child exploitation), George Clooney (human rights in Darfur), Lady Gaga (homeless youth and LGBTQ rights), Whoopi Goldberg (human rights campaigns), Anne Hathaway (LGBTQ), Jennifer Hudson (Malala Fund), Elton John (AIDS Foundation), Jennifer Lopez (human rights), Demi Lovato (labor trafficking), Brad Pitt (doctors without borders, homelessness, children’s rights), Shailene Woodley (recycling and clean water)

Find more examples at: www.looktothestars.org
Trafficking Power and Control Wheel

There is no single method of fraud, force, or coercion used by traffickers. The power and control wheel outlines different types of abuse that can occur in sex and labor trafficking situations.
Is it human trafficking?
The Polaris Project developed an Action-Means-Purpose Model (AMP) which can be helpful in understanding the law and remembering the components that make a situation human trafficking. At least one element from each column of the model must be present to establish a potential trafficking situation.

<table>
<thead>
<tr>
<th>Action</th>
<th>Means*</th>
<th>Purpose</th>
</tr>
</thead>
<tbody>
<tr>
<td>Induce</td>
<td>Force</td>
<td>Commercial Sex (Sex Trafficking)</td>
</tr>
<tr>
<td>Recruits</td>
<td>Fraud</td>
<td></td>
</tr>
<tr>
<td>Harbors</td>
<td>Coercion</td>
<td>Labor/Services (Labor Trafficking)</td>
</tr>
<tr>
<td>Transports</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Provides</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Obtains</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*Minors induced into commercial sex are human trafficking victims — regardless if force, fraud, or coercion is present.
Is it Human Trafficking? (Scenarios for further discussion)

Amy, who is 15, saw a post on Facebook for an open audition for models at the local mall. The company stated it supplied models for catalogs, fashion magazine spreads and short commercials. She always wanted to be a model and to show her strict parents that she could make it on her own. When she arrived at the audition, a well-dressed lady said the company had changed their screening and headshot sessions to a local hotel. The lady said she would drive her there with two other girls who were waiting. She took Amy’s ID card to make a copy for her file, but never gave it back. Amy asked if she had time to grab a snack or drink first. The lady buys her a soda, but it tastes bitter. At the hotel, Amy is led to a darkened room. As she begins to feel dizzy, she notices a group of older men waiting to go to the same room. Is this human trafficking?

Alan, a 66-year-old retired handyman, was approached by a distinguished-looking man in a suit while he was shopping at the hardware store. Alan was running low on money while making repairs on his house. The man told Alan that he flipped houses and Alan could make easy money doing small jobs for him. Alan agreed. Later that day, the man picked Alan up and drove him to a dilapidated house 60 miles away. He left Alan there with no electricity and no water, but said he would go get him water and some dinner. In the meantime, he said Alan could start work right away. The man pointed to a box of rusty and used tools in the corner. The man did not return. Three days later, a large man came in and beat Alan for not having completed the job. Is this human trafficking?

Maria was adopted by a family at the age of six. The family had three other children. At first she was treated fairly and every child had their chores to do. But when they moved to a smaller home, Maria’s adopted older sister Angela pressured her to sleep in the closet so she could have more room. Angela has been stealing Maria’s snacks from her school lunch and her allowance money. Angela has been hiding her clothes and books. Maria complained to her new parents, but they always seem to be too busy to listen. Is this human trafficking?

Michael is a defiant 11-year-old boy. He resists his parents and has been known to be aggressive at school and at home with his younger sister, Julie. Michael has been expelled from several schools for fighting and for poor grades. Michael’s parents have attempted to get him help, but nothing has worked. Finally fed up with Michael’s actions, his parents decide to take action. They tell Michael they are going out for a movie. However Michael was driven to an airport and was met by a therapist claiming to work at a boarding school in a different state. The therapist, Lisa, showed Michael a badge to prove her identity and presented him with pamphlets from the boarding school. His parents had lied to him and were sending him to a boarding school against his wishes. Is this human trafficking?
Rachel is 20 and has dreams of being on TV, whether that means being a model or an actress. One day, Rachel gets a friend request from a man named Tom who says he is a talent scout that lives in Hollywood. Rachel accepts his friend request and begins to have conversations with him. Tom tells Rachel about his wonderful life in Hollywood and about all the celebrities he gets to interact with. After developing an online relationship with Rachel, Tom attempts to recruit her to join his agency. The first requirement is a swim suit, full body picture to be sent to him. Rachel obliged willingly by sending him a photo of herself in a bikini. Then Tom asks for more of her body to be revealed in the photos. Rachel had remembered being taught to never send nude photos. She told Tom she would do nothing further unless it was actually at the agency in Hollywood. Tom paid for her to travel to California, where a driver picked her up from the airport and took her to a dark, secluded location far away from any people or businesses. Once Rachel was escorted inside Tom took Rachel to meet his “colleagues” where they forced Rachel to take off her clothes and perform sexual acts in order to be a part of the agency. Is this human trafficking?

Answers

Amy: Yes
Action: Trafficker recruits, transports and provides
Means: While fraud and coercion were used in Amy’s case, it was not necessary because she was a minor, who is automatically considered a victim of human trafficking.
Purpose: Sex Trafficking

Alan: Yes
Action: Trafficker recruits and transports
Means: Fraud and force
Purpose: Labor Trafficking

Maria: No

Michael: No

Rachel: Yes
Action: Trafficker recruits, transports and provides
Means: Fraud and force
Purpose: Sex Trafficking
Center for Prevention of Abuse
Call: (309) 691-0551 or (800) 559-SAFE (7233)
Hours: 24 hours, 7 days a week
Website: www.centerforpreventionofabuse.org

National Human Trafficking Hotline
Call: (888) 373-7888
SMS: 233733 (Text “HELP” or “INFO”)
Hours: 24 hours, 7 days a week
Website: www.humantraffickinghotline.org

The Prevention Project
The Prevention Project, started by the Richmond Justice Initiative, has educational resources, a social media movement and campaign #IAMPRICELESS.
www.prevention-project.org/home

Blue Campaign – Department of Homeland Security
The DHS is raising awareness during January with their Wear Blue Day January 11th.
www.dhs.gov/blue-campaign
Center for Prevention of Abuse
309-691-0551
Crisis Line: 1-800-559-SAFE (7233)
www.centerforpreventionofabuse.org

End Slavery Now
www.endslaverynow.org/

Erase Child Trafficking
www.erasechildtrafficking.org/

Free The Slaves
www.freetheslaves.net/

National Human Trafficking Hotline
www.humantraffickinghotline.org/type-trafficking/human-trafficking
1-888-373-7888

Polaris Project
www.polarisproject.org/human-trafficking

The Prevention Project
www.iampriceless.prevention-project.org/

United Way Center on Human Trafficking and Slavery
www.unitedway.org/our-impact/featured-programs/end-human-trafficking#

U.S. Department of Justice
www.justice.gov/usao-cdca/human-trafficking

What is Human Trafficking? Blue Campaign
One Voice. One Mission. End Human Trafficking
www.dhs.gov/blue-campaign